

Introduction to

The Success Discovery Process

Discovering and Using Your Talents

An investment of just 60 minutes of your time with this process will bring you unlimited results.

If I Knew Then...

Have you ever said or done something you wish you hadn't?

OR

Have you ever regretted the way you handled a situation?

- What situation in your life comes to mind?
- Who were the people involved?
- Was it a personal or professional situation?
- Looking back, how did you feel about the outcome?

The purpose of the Success Discovery Process is to help you minimize your regrets and maximize your success. An important element of the process is to help you acknowledge talents you know you have and discover talents you may not have known you had. In addition, this process will help you find new ways or words to use when talking about yourself to others. This process will also help you to relate more effectively with others. The better you understand yourself, the better you will be at getting what you want. In fact, what you don't know about yourself could keep you from getting what you want.

What you are about to experience is a process that will give you priceless insight into yourself. This insight will help you to know when and where to use your talents. Knowing this information will become one of your most valuable assets.

Throughout this process there will be many questions to ask yourself as well as memories that will come back to you. Take your time and do some soul searching. This is a time to reflect on what you are learning about yourself. How do you feel about what you are learning about yourself? Wouldn't you like to know more about the people in your life at work or at home? What can you lose? What can you gain?

What is the Success Discovery Process?

- The courage to use your talents to achieve personal and professional success.
- The acknowledgment of your strengths and acceptance of your weaknesses.
- The ability to adapt to different situations and people in various environments.

The Success discovery process will have you thinking if I knew then what I know now, I would have fewer regrets and more success. The process is quick, it's easy, and it starts with you. The first phase begins with Self Assessment. You will need the following to begin:

- The report from your Self Assessment
- A highlighter

When you have completed the Self Assessment, read your entire report. Highlight the statements you feel are true and underline the statements that may not be true. Next, follow the instructions for the Success discovery Process.

You are now ready to complete the Self Assessment. You will need to click on the "Getting Started" button on the TTISuccess website (<http://www.TTISuccess.com>).

Success Discovery Process

*Discovering
&
Using Your Talents*

Talents of: _____

General Characteristics

Please turn to the “General Characteristics” section of your report.

From paragraph 1, list three statements that describe talents you would like others to know about you.

1. _____
2. _____
3. _____

- How are you currently utilizing these talents?
- What decisions have you made that allowed you to use these talents?
- How are you using these talents when communicating with others?

From paragraph 2, list three statements that describe problem solving and decision-making talents you would like others to know about you.

1. _____
2. _____
3. _____

- How are you using these talents to achieve success?
- How are these talents helping or hurting you?
- How are you using these talents in your personal or professional life?

From paragraph 3, list three statements that describe communication talents you would like others to know about you.

1. _____
2. _____
3. _____

- How are you using these talents on a daily basis?
- Are you using these talents more in your personal or professional life?
- With whom would you like to share this information?

Your Value To The Organization

Please turn to “Value to the Organization” section of your report.

Read and list four statements that describe your talents from this section.

1. _____
2. _____
3. _____
4. _____

- Are people in your current environment aware of your talents?
- Are your current talents being utilized?
- What talents would be better utilized in your professional life as opposed to your personal life?
- What talents would be better utilized in your personal life as opposed to your professional life?
- Who in your personal or professional life do you wish knew that you had these talents?

Checklist for Communicating

Please turn to the “Checklist for Communicating” section of your report.

This section identifies the best ways to communicate with you.

Read and list four statements that describe the best ways to communicate with you.

1. _____
2. _____
3. _____
4. _____

- What have you learned about your communication style that will enhance your career and/or your relationships?

- If others knew how to communicate with you, what impact could it have on your personal or professional life?

- Identify and list some of the people with whom you would like to share this information?

1. _____
2. _____
3. _____
4. _____

Don'ts on Communicating

Please turn to the “Don'ts on Communicating” section of your report.

Most people communicate with others the way in which they would prefer to receive communication. No one intentionally creates communication problems, they just lack the proper information.

Read and list four statements that describe communication problems that prevent good communication with you.

1. _____
2. _____
3. _____
4. _____

- Would sharing this information help you get what you want?
- How could your relationships improve by sharing this information?
- Do you think it would help to have the same information about others?

Communication Tips

Please turn to the “Communication Tips” section of your report.

Identify and list some of the people in your life who can be described as ambitious, forceful, decisive, strong-willed, independent and goal-oriented.

1. _____ 3. _____

2. _____ 4. _____

- Do you currently use the tips listed in the report?
- Do you do any of the things that create tension or dissatisfaction with these people?
- What would be the benefit of adapting your communication style?

Identify and list some of the people in your life who can be described as magnetic, enthusiastic, friendly, demonstrative and political.

1. _____ 3. _____

2. _____ 4. _____

- Do you currently use the tips listed in the report?
- Do you do any of the things that create tension or dissatisfaction with these people?
- What would be the benefit of adapting your communication style?

Communication Tips (Cont.)

Identify and list some of the people in your life who can be described as patient, predictable, reliable, steady, relaxed and modest.

1. _____ 3. _____
2. _____ 4. _____

- Do you currently use the tips listed in the report?
- Do you do any of the things that create tension or dissatisfaction with these people?
- What would be the benefit of adapting your communication style?

Identify and list some of the people in your life who can be described as dependent, neat, conservative, perfectionist, careful and compliant.

1. _____ 3. _____
2. _____ 4. _____

- Do you currently use the tips listed in the report?
- Do you do any of the things that create tension or dissatisfaction with these people?
- What would be the benefit of adapting your communication style?

Perceptions

Please turn to the “Perceptions” section of your report.

Read and reflect on this information. The words listed under “self-perception” are words that you would use to describe yourself in a positive light. However, it is natural for us all to display a negative side. Everyone has days when they are not at their best.

Look at the words others may be using to describe you.

- Do you agree with any of these possible perceptions?
- Can you think of someone that may have a negative perception of you? Why might they have this perception?
- Are any of these perceptions keeping you from getting what you want?
- If so, what changes must you make?

Natural and Adapted Style

Please turn to the “Natural and Adapted Style” section of your report.

Every person has a natural way of dealing with problems, people, pace and procedures. Situational adapting is a necessary part of life. However, if one must adapt for extended periods of time they may experience excessive stress. Please read your natural and adapted style in each area.

Please refer to your “Natural and Adapted Style” for dealing with problems and challenges.

- Is your adapted style significantly different from your natural style?
- If so, is there a situation in your life that is causing you to adapt your style?
- If you are adapting, are you doing it to succeed or survive?

Please refer to your “Natural and Adapted Style” for dealing with people and contacts.

- Is your adapted style significantly different from your natural style?
- If so, is there a situation in your life that is causing you to adapt your style?
- If you are adapting, are you doing it to succeed or survive?

Please refer to your “Natural and Adapted Style” for dealing with pace and consistency.

- Is your adapted style significantly different from your natural style?
- If so, is there a situation in your life that is causing you to adapt your style?
- If you are adapting, are you doing it to succeed or survive?

Natural and Adapted Style (Cont.)

Please refer to your “Natural and Adapted Style” for dealing with procedures and constraints.

- Is your adapted style significantly different from your natural style?
- If so, is there a situation in your life that is causing you to adapt your style?
- If you are adapting, are you doing it to succeed or survive?

Adapted Style

Please turn to the “Adapted Style” section of your report.

Your adapted style can change from time to time. Today, the most successful people are those that can adapt to any environment. Sometimes people are forced to adapt in order to survive and sometimes they are forced to adapt in order to succeed.

Read this section of your report and answer the following questions.

- Are you comfortable with your adapted style?
- Is it helping you get what you want?
- Do you feel you are paying too big a price to get what you want?

Areas For Improvement

Please turn to the “Areas For Improvement” section of your report.

Limitations provide opportunities for improvement. List three areas for improvement that may be keeping you from getting what you want. Under each, list some actions you intend to take to minimize these areas.

1. Limitations _____

Action _____

Action _____

Action _____

2. Limitations _____

Action _____

Action _____

Action _____

3. Limitations _____

Action _____

Action _____

Action _____

Summary

The Success discovery Process is designed to help you achieve success however you define it. Success for most people is defined in terms of specific goals such as: a better job, a promotion or improved relationships. What goals would you like to achieve? Now that you understand your strengths and weaknesses, you can do more of what helps you get what you want and stop doing what keeps you from getting what you want.

Think of no more than three goals you would like to achieve. The most important element in success is commitment. If you are truly committed to achieving your goals, you will share them with people who are important to you. List three goals you are committed to achieve:

1. _____
2. _____
3. _____